



Matthew Pruen is a coach, consultant and group facilitator working in the fields of personal and organizational development. He is a supervising teacher at the Hoffman institute UK - [www.hoffmaninstitute.co.uk](http://www.hoffmaninstitute.co.uk) - as well as running a busy coaching practice in London working with teams, couples and individuals. Additionally, Matthew designs and delivers open workshops on a wide range of themes including communication, relationship, conflict resolution and creativity. He has a background in systemic constellations and has applied this approach in one to one, workshop, educational and conference settings. In recent years he has contributed to the Healing the Wounds of History programme - Byblos 2012, B'sous 2013 - applying a systemic lens to contexts of conflict and social trauma - [www.healingwoundsofhistory.org](http://www.healingwoundsofhistory.org). In his work with organizations he has run change initiative and team coaching programmes. This year Matthew developed and delivered a week of events for the Research and Innovation Directorate of the European Commission in Brussels focusing on communication.

Matthew lives in the UK and southwest France where he is developing a retreat centre with his wife Emma. He is a father of three and a grandfather to two.

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